

# UU SPIRIT

Unitarian Universalist Church of Fargo-Moorhead



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Dedicated to sharing the Unitarian Universalist message in the Red River Valley and beyond.

*May & June 2011 Programs, Sundays at 11:00*

## Welcome to Our Summer Sunday Worship

The FMUU Church will now offer Sunday services year round. During the season we are normally off, Memorial Day through Labor Day, we will continue to keep our doors open. We will not be asking our church members to serve coffee, therefore there will be no coffee following services. We will continue to offer childcare in the nursery for children infant - four years of age. Children's Religious Education classes will resume again after Labor Day. We hope that everyone has time to visit us this summer!

**May 29**

**Bill Thomas & Carolyn Monzingo**

### *Memorial Day Celebration*

Through song, poetry and discussion we will remember and celebrate the contributions, which those near and dear to us have made and are making in the military.

**June 5: Claudette Peterson**

### *Spiritual Practices*

Throughout the summer, we will have four services that focus on developing spiritual practices to enrich our lives. Join us on June 5, when Claudette Peterson speaks about Engaging the Spirit: Creativity. Come share your own creative practices.

**June 12: Scott Pryor**

### *Tanzania and the Peace Corps*

At times, Scott has had trouble adjusting to the cultural differences between life in Tanzania and America: it is OK to let the water run for three or more seconds when brushing his teeth. Scott is a professor of Biological Engineering at NDSU.

**June 19: Claudette Peterson**

### *Spiritual Practices*

This is the second in the four-part series that focuses on developing spiritual practices. The topic this week is Engaging the Mind: Contemplation. Come prepared for a hands-on exploration of the topic.

**June 26: Carolyn Monzingo**

### *Blessing of the Animals*



We celebrate the web of life, its magnitude we sing; for we can see divinity in every living thing

*Alicia Carpenter*

Bring your animals to church to be blessed and fussed over by all of us in this first ever outdoor Blessing of the Animals at FMUU.

## June 2011 FMUU Church Calendar

Sun.	5/22/2011	11 a.m.	Sunday Service
Sun.	5/22/2011	11 a.m.	Children's RE ages 4-7
Sun.	5/22/2011	1:30 p.m.	Drumming Circle
Sun.	5/29/2011	11 a.m.	Sunday Service
Wed.	6/1/2011	5:30 p.m.	<i>UU Mentor Night at Jefferson School 1701 4 Ave S Fgo</i>
Sun.	6/5/2011	11 a.m.	Sunday Service
Tue.	6/7/2011	7:30 p.m.	FMUU Movie Night
Wed.	6/8/2011	6:30 p.m.	People & Program Cmte Mtg
Sun.	6/12/2011	11 a.m.	Sunday Service
Sun.	6/12/2011	1:30 p.m.	Drumming Circle
Mon.	6/13/2011	6:30 p.m.	Social Justice Council Meeting
Wed.	6/15/2011		July Newsletter Deadline
Sun.	6/19/2011	11 a.m.	Sunday Service
Sun.	6/26/2011	11 a.m.	Sunday Service
Sun.	6/26/2011	1:30 p.m.	Drumming Circle

## Recorded Sunday Services

We make mp3 recordings of all our Sunday services, which are available by request. Contact the church office at [fmuu@fmuu.org](mailto:fmuu@fmuu.org) or (701) 235-0394, if you would like to hear a service you may have missed.

## Caring & Sharing

The church will send cards for important life events (birth, death, illness/hospitalizations and weddings) of our UU members & friends. Please help us in identifying those who are experiencing life changing events in their lives or may need a message of cheer and hope by contacting the church at [fmuu@fmuu.org](mailto:fmuu@fmuu.org) or (701) 235-0394.

### *FMUU Compassion*

*We strive to act with kindness and consideration to show our love and acceptance for others.*

## A Message From Our FMUU Pagan Members

Hello FMUU's,

Our Beltane Service was wonderful and we so enjoyed presenting it to you all. We wanted to take a moment to thank some folks in the congregation for their special contributions to our Beltane service: Laurie Baker, Worship Coordinator, for inviting us to do the Beltane service and for all her valuable help and suggestions. Pianist, Suzanne Strache, Christina Armendarez, FMUU Choir Director, and the FMUU Choir for their musical contribution and for learning the chants and songs so quickly and performing them so beautifully; Katie Christiansen, Children's RE Coordinator and the FMUU Children's RE for making the May Baskets and doing the Maypole dance demonstration. You made our service joyful and put a grin on everyone's face; finally, to the FMUU Congregation for your warm and open welcome and your genuine interest. It is a pleasure to share our spirituality with you and we look forward to sharing more about Paganism and Earth-based traditions in the future.

Brightest Blessing,

Joy Zeidan, Thomas Punton, Jaime Altringer

## FMUU President's Report 2010-2011

Last year's Unitarian Universalist General Assembly in Minneapolis was an inspirational invocation to "live our values boldly." In answering that charge, we undertook some new endeavors to help each other become more engaged in national issues and in our larger community.

Many of our members who accepted this challenge and are leading us in unique ways. A few examples:

### ***Our church community***

2<sup>nd</sup> Wednesday of the month pizza social and core committee meeting

Adult Religious Education: Webinar, *Serving With Grace*; UU History, *Death of Josseline*

Children's Religious Education

Potlucks and Circle dinners

People Committee outreach, Place Committee beautification and Program Committee's inspirational services

### ***Our city and regional community***

Movie nights, Drumming Circle, Pride Picnic and Parade

FMUU Spring Concert: Joe DeMasi and Kris Kitko

Tutoring English as a Second Language at Jefferson School and Regional UU Gathering

### ***Our larger world community and complex issues of our day***

Statement of Conscience Study Group on Immigration, UUA Common Read: *The Death of Josseline*

Participation in UUA General Assembly and in Prairie Star District Convention

Sending three members to Midwest Leadership School

## **2010-2011 Board**

- Summer retreat at Elwyn and Diane Krogh's (Appreciative inquiry)
- Set up sub-committees (Personnel, Stewardship, Social Justice) and board liaisons to committees.
- Changed Sunday morning RE back to original time. (Adaptive leadership)
- All committee meetings to address Social Justice and Stewardship
- Statement of Conscience Study group (US Immigration Policy)
- Summer Services (Adaptive leadership)
- Planning Regional gathering of UU's

## **Looking ahead 2011-2012 (Visioning board)**

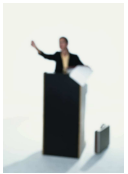
- Address organizational changes in
  - ◆ Stewardship processes (bylaw change)
  - ◆ Board and officer flexibility (bylaw change)
  - ◆ Strengthen youth experience
  - ◆ Collaboration with neighboring congregations
- Leadership development plan
- Professional leadership
- Strengthening member retention
- Adaptive leadership to provide needed organization structure
- July 10<sup>th</sup> Summer retreat (Elwyn and Diane Krogh's)

***Respectfully submitted by Mark Sinner***



## HELP WANTED

Place wants to put a magnetic dry erase board in the Community Room to announce and solicit help on projects from the congregation. We are looking for a 3 X 4 board and some markers. Cost is \$150 – 160.00. If a member would be interested in contributing to this project, it would be appreciated and soften the impact on the church budget. Contributions from one or more members could make this a reality. If interested, please contact Sid Morton [smort@midco.net](mailto:smort@midco.net) or Elwyn Krogh [elwyn.krogh@ctusa.net](mailto:elwyn.krogh@ctusa.net). Thank you for your support!



## ONE TIME OPPORTUNITY

As Place works to organize and order our storage, we are trying to eliminate any items that have no current or foreseeable future use for us. The lectern from 18 S. 8<sup>th</sup> St. is one such item taking up valuable space in our shed. Some members in the past have indicated that this is an historical piece and should be preserved. If there is anyone in the congregation, who would like to be its conservator, this is the time to step forward and take possession of it. Lacking a guardian, the lectern is going to the ReStore early this summer to begin a life in another appreciative organization. If you would like to adopt this piece, please contact Sid Morton [smort@midco.net](mailto:smort@midco.net).



## Minnkota Recycling

Aluminum, paper and plastic taken to Minnkota Recycling, 901 4th Ave. N., Fargo, 3501 S. University Dr., Fargo, or 1321 1st Ave. N., Moorhead, can benefit the church. Just use the church telephone number, 235-0394 or tell them Unitarian Universalist Church, and a check will automatically be sent to the church; you will receive a receipt for your records.

*FMUU Integrity: We strive to act consistent with our values and Unitarian Universalist principles.*

## Wednesday, June 8 People & Program Meeting At 6:30 p.m.

**Plug Into an FMUU Group  
We Need Your Power!**

By joining a group, you are assisting the church to become vital and grow. In return, the group will give you a sense of accomplishment and community.

**Contact the office by Monday, June 6 if you need childcare for the meeting.**



## A Heartfelt Thank You

From Carolyn Monzingo

I was totally surprised and humbled to be this years' recipient of the Lifetime Achievement Award. Yes, I have been a member since 1970 and feel like I've earned many of my grey hairs here. Because I've been so busy with teaching Religious Education at all levels (my favorite has always been the teens), fundraising, Program Chair, Board Member and President, Office Administrator, Commissioned Lay Leader, and various committee work, it feels like the time has gone by in the blink of an eye.

The institutional memory and contributions of those who came before me and those who follow need to be built upon. Together, we and you are the foundation of the FMUU Church. Thank you from the bottom of my heart for this recognition.

## Are You Interested in Church Membership?

The process of becoming a member is as easy as one, two, three!

1. Completion of a membership registration form.
2. Acceptance by the FMUU Board of Directors.
3. Signing the official membership book.

In addition, those considering membership are asked to examine what membership in the church means to them. What might the church contribute to their lives? What might they contribute to the church? Forms can be picked up at the upstairs greeter table or by contacting the office.

## FMUU June Circle Dinner

A Circle Dinner is being planned for June. If you are interested in hosting or sharing a meal and getting to know your fellow UUs in a different setting, please contact Stacy Nicholson at [stacyn@q.com](mailto:stacyn@q.com) or 218-233-2001.

The hosts will provide a main dish and guests are asked to provide, side dishes, desserts and breads.

An announcement will be made in church and as part of the weekly announcement email once the date and location(s) are set.

## Stay Connected



# FMUU

The FMUU Church has three sets of email lists:

### Regular Church email list:

Our regular list sends out email that pertains only to the church, church committee activities and Unitarian Universalism (sends out newsletter too).

### Newsletter Only email list:

This list is for those who only want the newsletter sent to them. No updates on church activities are sent to this list.

### FMUU Forum email list:

This list sends out emails that are not church related, but may be of interest to others in the church.

If you would like to be on one or all of our email lists, send an email to [fmuu@fmuu.org](mailto:fmuu@fmuu.org).

[www.fmuu.org](http://www.fmuu.org)

Have you been to our website recently? You will find our weekly announcements posted, our Sunday programs, newsletter and much more!

## FMUU June

### Movie-of-the-Month

7:30 p.m., Tuesday  
June 7, 2011

Since the U.N. Convention Against Torture came into force in 1987, June has been declared Torture Awareness Month to provide greater visibility and opportunities for coordinated actions.

This June, National Religious Campaign Against Torture (NRCAT), in which FMUU is a charter member, encourages a focus on the need for accountability for U.S.-sponsored torture since 9/11. NRCAT is calling for a nonpartisan Commission of Inquiry to be appointed by the President and/or the Congress. NRCAT also calls upon the Attorney General to appoint a Special Prosecutor to investigate the use of torture.

Three videos will be shown, followed by Discussion:

**Ending U.S.-Sponsored Torture Forever** Provides understanding of why torture is always wrong—20 minutes.

**Repairing the Brokenness** Addresses the need for accountability and provides information about NRCAT's call for a Commission of Inquiry—10 minutes.

**Preventing Torture Everywhere** Urges President Obama to sign a new treaty to help end torture. The treaty, called the Optional Protocol to the Convention Against Torture (OPCAT), requires participating nations to create mechanisms to prevent torture from occurring in detention centers, police stations, mental health hospitals, and prisons—10 minutes.

FMUU Fellowship

We gather in mutual support and exploration of spiritual development and community values.



**Five Days of  
Fun, Learning,  
Fellowship,  
Spirituality  
PLUS air condi-  
tioned luxury**

Come to Camp StarTrail (between Omaha and Lincoln) for another grand adventure/retreat for UUs of all ages. Past activities have included bead-making; dream analysis; painting; quilting; survival skills; Amazing Race; sock hop; talent show; barn dance, campfire (with s'mores); challenge courses; OWL for adults; swimming, nature hikes; ad hoc writers' group, bridge games and lots more.

#### ***Hotel-style luxury***

Camp StarTrail pampers the camper with four housing options—meals included: (a) hotel-style luxury with private baths; (b) college dorm-style rooms with bath down the hall; (c) rustic cabins with a shower house; and, for the purist, (d) actual honest-to-goodness camp-style camping with a short walk to the rest rooms.

Camp StarTrail: July 31 to August 5, 2011. Camping that fits your budget and your soul. Find out how we “pamper the camper” at [www.psd.uua.org/campstartrail](http://www.psd.uua.org/campstartrail).

Camp StarTrail is sponsored by Prairie Star District Unitarian Universalist.



Camp UniStar, on Star Island in Cass Lake in northern Minnesota, is owned by Prairie Star District, which runs it through the Camp UniStar Management Committee. The property was donated to the District by the Anderson family, who formerly lived there. The camp operates from June to September. It offers:

- Work Weeks for volunteers to prepare and maintain the camp.
- Two Youth Week programs for grades 7 through 12, typically in late June.
- Several week-long family programs throughout July and August; each week focuses on a special-interest topic to augment the wide variety of natural activities available at the camp.
- Group retreats in September.

#### **Summer 2011**

As of April 20, 2011 the following weeks have space available:

June 4-11 - Work Week (special Young Adult price)

July 2-9 - Music Jam!

July 9-16 - Scoundrels & Scandals: Corporate Misconduct in Modern Society

July 30-August 6 - Miniature Worlds

Aug 27-Sept 3 - Fiber Optics (digital photography and yarncraft)

**Fry Bread Taco Feed, Silent Auction & Music Benefit**  
**Proceeds go to the Pine Point Music Festival for Violence Prevention**  
**FREE WILL DONATION**  
**Saturday, June 25 at Noon till 3 p.m.**  
**Old School Boys & Girls Club 48580 Pow Wow HWY in Ponsford, MN**

**Pine Point Music Festival**  
**Peaceful Communities through Service and the Arts**  
**Saturday, July 30, 2011 at the Pine Point Pow Wow Grounds**  
**Music starts at 11:00a.m.—Artists, Nonprofits, and Volunteers Needed.**

Pine Point is located between Detroit Lakes and Park Rapids, HWY 34, then N. about 5 mi on CNTY RD 39, just N. of the Smokey Hills. We are creating a free will donation charitable music festival that is drug and alcohol free. If you have any questions regarding the festival or are interested in participating, please contact Tina Penn at 701-371-6859 or [tmpenn1974@msn.com](mailto:tmpenn1974@msn.com)

# GENERAL ASSEMBLY 2011 *June 22-26* *Charlotte, NC*

UNITARIAN UNIVERSALIST  
ASSOCIATION OF CONGREGATIONS

50<sup>TH</sup>  
ANNIVERSARY  
1961-2011

General Assembly (GA) 2011 in Charlotte will mark the **50th anniversary** of the merger of the American Unitarian Association and the Universalist Church of America.

Join thousands of fellow Unitarian Universalists from across the country as we remember the persons and events that brought into being the Unitarian Universalist Association (UUA) in May 1961, to reflect on our denomination's relevant achievements and struggles since then, and to chart new aspirations for the future we are determined to shape.

Experience wonderful and uplifting **worship services**—morning and night—led by some of our best worship leaders, with glorious music and inspiring messages.

Participate in our **democratic process**. General Assembly is the way that our faith does business, bringing together the distinctive character of our individual congregations.

Hear **terrific speakers**. There will be hundreds of dynamic, entertaining programs and informative workshops.

Connect with craftspeople and artisans, social action groups, professional and educational resources, theological schools, UUA organizations and staff, Beacon Press, and the UUA Bookstore in the General Assembly **Exhibit Hall**.

Network with other congregation leaders, share best practices, and learn

from one another. Return to your congregation reinvigorated and inspired to put your **values to work**.

Witness for our faith in moving and exciting ways as we look forward to and prepare for a special "Justice" **General Assembly in Phoenix, AZ** in 2012.

## General Assembly 2011 Online Coverage

Unitarian Universalists (UUs) will soon gather for the 50th annual General Assembly (GA) in Charlotte, NC, June 22-26, 2011. If you can't be there in person, bookmark this page as the nexus of GA coverage.

<http://www.uua.org/ga/2011/index.shtml>

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Bruno Groening Circle of Friends

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## Free Public Lecture

**Lecturer: B. Schneider of Germany, Natural Health Practitioner**

**Help and Healing on the Spiritual Path through the Teachings of Bruno Groening -  
a simple natural way to help and healing approved by physicians**

**June 14 and June 15, 2011 each at 7:00 pm**

\*Unitarian Universalist Church of FM, 121 9 ST. S, Fargo, ND

You are invited to attend this free lecture. Healing of severe chronic illnesses and even so called "incurable" conditions will be presented. During the lecture you have the opportunity to experience the healing power for yourself. You can use this power for your own health and for those you love.

*\*Please note this is not a church sponsored event*



## This Day in Unitarian Universalist History

by Dr. Frank Schulman  
June 1, 1579

Francis Dávid, after debating George Blandrata over whether it was right to worship Christ, was brought to trial in Transylvania. He was sentenced to imprisonment in a nearby dungeon until his death, on

November 15th, 1579

[www.harvardsquarelibrary.org/365\\_this\\_day](http://www.harvardsquarelibrary.org/365_this_day)

### WELCOMING CONGREGATION

We are a Unitarian Universalist Welcoming Congregation that seeks to be a spiritual home for people of free faith regardless of race, color, gender, affectional or sexual orientation, age, national origin, socio-economic status, physical or mental ability.

### MISSION STATEMENT

The Mission of the Unitarian Universalist Church of Fargo-Moorhead is to provide to its members, and to the community, an environment of religious tolerance, a loving fellowship of diversity, an open forum for the exchange of social, political, and moral ideas and values, and a religious home for spiritual growth without fear of reprisal.

### RELIGIOUS EDUCATION

Religious Education classes are held for children of all ages Pre-School through High School from after Labor Day through the week prior to Memorial Day. The curriculum covers UU Principles, World Religions, and Social Justice.

### NURSERY ROOM

Child care is provided on Sundays at 10:45 a.m. - 12:15 p.m. for children four years of age and under.



*FMUU Spirituality*

*We seek insight into our*

*deepest questions to practice awareness,  
develop understanding and celebrate*

## Host families in North Dakota Sought for Exchange Students

Pacific Intercultural Exchange, a nonprofit agency, is currently searching for open-minded host families for high school foreign exchange students arriving in August.

Students come from countries such as Venezuela, Brazil, Germany, Norway, China, Thailand, South Korea and more.

Students are 15-18 years old, they speak English, have medical insurance, and their own spending money.

Volunteer host families provide a room, meals, and a caring environment.

Students attend the local public high school for an academic school year, participate in family activities, and are treated as a member of the family.

For more information contact Mary Armstrong at 1-866-601-1933 or [maryarmstrong@pieusa.org](mailto:maryarmstrong@pieusa.org)

website: [www.pieusa.org](http://www.pieusa.org)

### CHURCH BOARD MEMBERS

President, Mark Sinner	(218) 233-0337
President-Elect, Tim Peterson	(701) 532-0335
Treasurer, Elwyn Krogh	(701) 235-6632
Secretary, Brian Arett	(218) 236-1386
At-Large, Sanjay Lal	(218) 227-5662
At-Large, Stacy Nicholson	(218) 233-2001
At-Large, Thom Richmond	(701) 235-3904
At-Large, Jon Solinger	(218) 233-8001

### CHURCH EMPLOYEES

Katie Christensen, Coordinator of  
Children's Religious Education

Phone: (701) 235-5278

E-mail: [kt\\_christensen@yahoo.com](mailto:kt_christensen@yahoo.com)

Julie Allen, Office Manager

Office: (701)235-0394 E-mail: [fmuu@fmuu.org](mailto:fmuu@fmuu.org)  
Summer Office Hours: Tue. - Thurs. 10 a.m.- 3 p.m.

*If urgent call cell: (701) 371-4481*