

# UU SPIRIT

Unitarian Universalist Church of Fargo-Moorhead



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VOLUME 7, ISSUE 3

Dedicated to sharing the Unitarian Universalist message in the Red River Valley and beyond.

*September 2011 Programs, Sundays at 11:00 a.m.*



## SEPT. 4: Ross Perrin, *Locked Out*

Ross Perrin from the Bakers, Confectionary, Tobacco Growers and Grain Millers Union, an affiliate of the AFL-CIO, Local 167G will present an update on the current lock-out of Union Contractual Employees at the American Crystal Sugar Plants in the area. Many of these workers have worked for years and now find they are unable to continue their gainful employment and are forced into unemployment compensation, in spite of the financial profitability of the company. The issues are not monetary, but rather, based on fringe benefit issues. Union wage increases have been in the range of two to three percent per year while top management executives have seen increases of from forty-one to one hundred and twenty-three percent over the last three years.



## SEPT. 11: Mark Schneider, *A Cruel and Tragic Hoax*

Mark Schneider is a self-described secular humanist who has practiced law in the FM area for over 30 years. Workers Comp is meant to insulate employers from being sued for workplace injuries, while at the same time being fair to injured workers. In addition, it is supposed to be a legal trade-off between a worker giving up the right to sue for workplace injuries in return for "sure and certain" relief under the Act. That trade-off has been obliterated in ND by a government owned bureaucracy that all too often both influences the legislature with anti-worker legislation, and zealously construes the law to the maximum disadvantage of the injured worker.



## SEPT. 18: Judith Jenkins, *Love, Peace and Cooperation*

Judith Jenkins has been a member of the Baha'i Faith since 1970. She has a PhD in Teaching and Learning/Literacy from UND. In this presentation, you may find that the UU Principles and the Baha'i Faith have much in common in their historical roots and present day values. She will be speaking on the Baha'i Faith again at the International Day of Peace event, which will be hosted by the FMUU Church on September 20 in conjunction with the Center for Interfaith Projects, the Baha'i Faith community and the Presentation Sisters. Marian Kadrie will be a co-presenter.



## SEPT. 25: Andrew Tyson, *Slow and Steady*

Andrew Tyson, a licensed massage therapist, is a frequent attendee at the FMUU Church. He is currently pursuing a B.S. in Nursing at NDSU. With four years of private instruction he notes that, "Tai Chi, Qi Gong, and Yoga have been warm companions in my journey through life, slowly and steadily enriching my whole being. As an introduction for my new FMUU Tai Chi class, please join me as we explore the origins and principles of these traditions, the philosophy of slowing down, the challenging work in stillness, and respect for the connection of the spirit to the body, a vital part of our human existence."

## September 2011 FMUU Church Calendar

Wed.	9/7/2011	5:30 p.m.	<i>UU Mentor Night at Jefferson School 1701 4 Ave S Fgo</i>
Wed.	9/7/2011	7 p.m.	FMUU Movie Night: <i>Black Gold</i>
Sun.	9/11/2011	9 a.m.	Board Meeting
Sun.	9/11/2011	1:30 p.m.	Drumming Circle
Mon.	9/12/2011	6:30 p.m.	Social Justice Council Meeting
Wed.	9/14/2011	6 p.m.	Pizza Social Night-RSVP to Office
Wed.	9/14/2011	6:30 p.m.	All Committee Meeting
Mon.	9/15/2011		October Newsletter Deadline
Sun.	9/18/2011	9:30 a.m.	Choir Rehearsal
Tue.	9/20/2011	7:30 p.m.	International Day of Peace Service
Sun.	9/25/2011	1:30 p.m.	Drumming Circle <i>UU Mentor Night at Jefferson School 1701 4 Ave S Fgo</i>
Wed.	9/28/2011	5:30 p.m.	
Every Sun.		11 a.m.	Worship Service
Every Sun.		11 a.m.	Children's RE Group
Every Sun.		Noon	Middle's RE Group
Every Sun.		Noon	Teen RE Group

### FMUU Choir Rehearsal at 9:30 a.m. on Sunday, Sept. 18

All are welcome to join the choir - prior choral experience is not necessary. Choir meets in the church at 9:30 a.m. every first and third Sunday of the month for rehearsal, and Performs that Sunday for the 11:00 a.m. service. Please join us!



### Drumming Circle

Join us on the second and fourth Sunday of each month at 1:30 p.m. for a drumming circle. Let the rhythm of the drums lift your spirits. Some extra instruments are provided, but bring drums, rattles, and other rhythm instruments if you have them. No experience necessary.

## Church Directory Deadline is September 15, 2011

The FMUU church will be making a new church directory for our members to take home. All members will be added to our church directory.

If you do **not** want your name, address, phone (home, cell & work), email and the names of your children under the age of 18 listed in the directory, please email or phone the church office with what information we can print by September 15, 2011.

If you have had any name, address, phone (home, cell or work), email changes or perhaps an addition to your family, please let the office know.

Frequent visitors/friends can list their contact information in our directory too. If you would like to be added to our directory, please provide the church with your name, address, phone (home, cell and work), email, first names of your children under the age of 18 with the year they were born. Please include your spouse or significant other too.

The FMUU directory is for church use only; commercial, political or any unauthorized use of this list is strictly prohibited.



## Fair Trade Coffee

We are now in partnership with the Unitarian Universalist Service Committee Coffee Project and Equal Exchange, linking UUs across the country with small-scale farmers all over the world who grow coffee, tea, cocoa and nuts. Through their relationship with Equal Exchange, a Fair Trade Organization, these farmers receive a guaranteed minimum price, affordable credit and support for sustainable farming. This allows them to stay on their land, support their families, plan for the future and care for the environment.

Additionally, for every pound of fairly traded products UUs purchase through Equal Exchange, 20 cents is donated to UUSC's Small Farmer Fund. This fund enables UUSC to support human rights, capacity building, and environmental initiatives with farmer co-operatives in Latin America, Africa and the U.S.

Equal Exchange is a 100% Fair Trade worker-owned co-operative with a track record of creating direct long-term relationships with small farmers that are economically just and environmentally sound.

We now have Equal Exchange Coffee available at \$10/lb. We have both ground and whole bean in both Organic Breakfast Blend Medium/French Roast and Organic Decaf Full City Roast. It will be available on Sunday mornings following church.

## FMUU Movie of the Month

### *Black Gold*

**7 p.m. on Wed., September 7**

*Black Gold* asks us to wake up and smell the coffee, face the unjust conditions under which our favorite drink is produced, and decide what we can do about it. The movie explains how international commodities markets are rigged against the nations of the global South. The filmmakers, Nick and Marc Francis, have said their purpose was to make a film that forced us, as Western consumers, to question some of our basic assumptions about our lifestyle and its interaction with the rest of the world.

After seeing *Black Gold*, coffee will never taste the same again.

Run time: 77 min. <http://blackgoldmovie.com/>

*Fair Trade Coffee can be purchased from the FMUU Church.*



## International Day of Peace

**Will be observed in the FMUU Church on Tuesday, Sept. 20 at 7:30 p.m.**

While the actual International Day of Peace is on September 21, the Unitarian Universalist Church of Fargo-Moorhead will be co-sponsoring an International Day of Peace in the church on Tuesday, **September 20** at 7:30 p.m. There is interest in following the event with a social gathering in our FMUU community room. More information will follow in our weekly email announcement and in our Sunday bulletins. The event will also have the following as sponsors: Center for Interfaith Projects, Baha'i Faith and Presentation Sisters. It will be a program of ecumenical readings and music in the spirit of peace to commemorate the International Day of Peace, which was established by the United Nations in 1981, and first observed in 1982. Visit this site for more information on the International Day of Peace <http://internationaldayofpeace.org/>.

## Benefit for Gress Family Saturday, September 17

**St. John Lutheran Church  
1710 5 St. S., Fargo**

**3pm-7pm Silent Auction (foyer)**

**4pm-8pm Spaghetti Dinner (basement)**

**8pm-10pm Dance & Social**

On May 7, Sarah was hospitalized due to complication with her pregnancy and was on bed rest until the premature birth of Serenity on Memorial Day weekend. Serenity was placed in the Neonatal ICU. Just three weeks after celebrating their new addition to their family, Jim was lost in a fatal car accident. Funds collected will pay for their extensive medical bills.



## Youth Religious Education Program

Our FMUU Youth Religious Education Program includes classes for pre-readers through high school-age students. Classes

are taught by volunteers that have passed a background check. Some of the content areas covered are world religions, diversity, and social justice. The FMUU Youth RE Program has three different class groups: Children, Middle and Teen Groups.

**Our Children’s RE Group** will attend the 11 a.m. service through the chalice lighting. At that point, they will follow their RE teacher downstairs for class. There is no set age group for this class, although the children need to be able to follow instructions and cooperate with the teacher and other students. Children are not allowed to wander in and out of the nursery or class during the service.

**Our Middles and Teen Group** will meet after the service beginning on Sept. 11. Students from both these groups will be able to attend the service and then attend RE class shortly after the service ends. Class will meet for 20-30 minutes. The Middles will meet in the room across from the sanctuary while the teens will be in the Teen room just off the kitchen.

**Our nursery** will be open for children four years of age and younger at 10:40 a.m. before each Sunday service.

**As always**, our Youth RE Program welcomes suggestions, resources, and VOLUNTEERS. Contact Katie Christensen, Youth RE Coordinator, at kt\_christensen@yahoo.com to volunteer or offer suggestions. In addition, if you are not sure which group is best for your child, she can help you find the right fit.



## Building Your Own Theology

Many people come to Unitarian Universalism from other faith traditions. Often we know what it is that we no longer believe, but we may have trouble articulating what we DO believe. We invite you to join us to explore your current theology. Building Your Own Theology (BYOT) is an adult religious education curriculum that invites people to develop their personal credos: the fundamental religious beliefs, values and convictions that inform and direct how they live their lives. Participants are encouraged to explore their ideas about human nature, history, ultimate reality, ethics, and religious meaning. The ten-session program begins with an introduction to the seven UU principles. No book purchase is required; materials will be provided. Dates and times of meetings will be available soon. Please leave your name and contact information for Claudette Peterson at (701) 532-0335 if you are interested in participating or if you have any questions.

**Wednesday, Sept. 14  
Pizza Social at 6 p.m.  
All Committee Meeting  
at 6:30 p.m.**

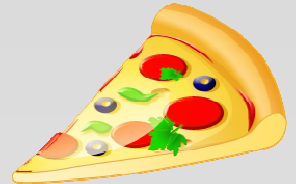


**Plug Into an FMUU Group  
We Need Your Power!**

By joining a group, you are assisting the church to become vital and grow. In return, the group will give you a sense of accomplishment and community.

At 6 p.m. on the second Wednesday of each month, everyone meets for a pizza social (free will offering and please RSVP). People, Place and Program meet that same night at 6:30 p.m. Childcare is provided by request. Visitors are always welcome to join us for our pizza social and stay to see what our committees are planning.

**We request that you inform the office that you will be attending the Pizza Social, so we can**



**order enough food for everyone. Please contact the office at (701) 235-0394 or [fmuu@fmuu.org](mailto:fmuu@fmuu.org) with your RSVP or childcare request by Sept. 12.**

## You Are Invited to Make History!

**On October 7–9** the first ever Upper Midwest UU (UMUU) Gathering will take place in our FMUU Church. This is an opportunity for members of congregations in Fargo, Bismarck, Grand Forks, ND and Underwood, Bemidji, MN to connect. We will share stories and experiences, learn from each other and strengthen our Unitarian Universalist presence in our communities and in the region.

The weekend will begin with a Friday evening dessert social. Saturday sessions will begin at 8:30 a.m. with coffee and registration followed at 9 a.m. by a brief welcome service and an opening plenary.

Late morning and afternoon break out sessions will include RE development, creating Sunday services, non-violent communications, Serving with Grace (based on the book by Erik Walker Wikstrom), Prairie Star and UUA connections, and a special session for Board members.

Saturday evening is open with attendees encouraged to make arrangements for dinner in groups to continue discussion on topics of interest.

The weekend will conclude with Sunday morning worship at our FMUU Church at 11 a.m. Pre-registration by **September 30** is requested, to facilitate planning for food and materials; the cost is \$15 per individual or \$25 for two (need not be related).

We are looking for FMUU volunteers to open their homes to our visiting churches for our UMUU Gathering on Friday, October 7 and Saturday, October 8. Please let us know when registering if you are able to host UU guests in your home.

Each of our congregations is unique, yet we share a common heritage and commitment based on our Unitarian Universalist principles. By coming together, we can forge friendships and connections that will strengthen and enrich us individually and as congregations.

**Join us in this exciting venture!**

## Become a UU Mentor

The English Language Learning classes with our Bhutanese friends are coming along nicely. They are such fun people to work with and appreciate everything that we do for and with them. As always, the more volunteers we have, the better. Our focus this time will be Back to School and, as always, driver's education (from the manual) as well as the beginners group. On Aug. 31 we will meet at 5:30 p.m. in the Community Center as we have all summer and on Sept. 7 we will return to the Jefferson school, 1701 4 Ave. S, Fargo for the remainder of the school year. For more information, contact Carolyn Monzingo, 232-3669, [cjmonzingo@cableone.net](mailto:cjmonzingo@cableone.net).

## Exciting News from the Emergency Food Pantry!

The Emergency Food Pantry, currently at 1438 10<sup>th</sup> St N, Fargo, is fundraising to effect a relocation to 402 11<sup>th</sup> St N (former Cooper Tire warehouse) where there is more space for efficient food delivery to clients and for parking. Total remodeling cost is estimated at \$700,000. Grants and other funds are expected to cover \$500,000. The remaining \$200,000 is needed from churches, individuals, and area businesses. We are asking you to help us reach this goal, either through your church or by sending your individual contribution to the Emergency Food Pantry at 1438 10<sup>th</sup> St N, Fargo, ND 58102. Thank you for considering this worthwhile project.



## Many Thanks from the Place Committee

By Sid Morton, Place Committee Coordinator

Thanks to Elwyn Krogh and Murill Halvorson we have chair rails and picture moldings in our community room. Thanks also to Murill for replacing the broken toilet downstairs.

We have also achieved a milestone this summer in re-activating and organizing our church library. Look for this in our community room. We will have new titles to offer and reviews to intrigue you. Many thanks to Tanya Burkhart, Dee Johnson and Donna Jones for their efforts. If there are titles you would like to see added, please talk to Tanya.



Many church members have been busy this summer working on outdoor projects. Please take a look around outside and see what has been accomplished. Our neighbors have stopped by while work was being done, to say how nice things look and that they appreciated all the work we do to make the neighborhood look great.



Thank you to David Wintersteen and his son Cameron for installing the trellis that Sid Morton designed for our climbing flowers. Edging was installed around all flowerbeds. Many volunteer hours accomplished this task over the last 6 weeks. A big thank you goes to Ruth Morton who oversaw the project and worked with the volunteers over many nights, getting this installed. Volunteers who

helped with this project are: Sheri McMahan, Donna Jones, Laurie Baker, Ernie Johnson, Dee Johnson, Murill Halvorson, Mike Headrick, Claudia English, Theo Kirkley, Kurt Huseby, Paul Gibbons and Nancy Saeger .

Thanks to our team of volunteers who mowed our church lawn this year: Joe Kennedy, Theo Kirkley, Barb Anton, Kent Klostreich, Bob Olson, Don Quittschreiber, Warren Christensen, Mike Headrick, Bill Thomas, Gail Wischmann, Ernie Johnson and Jim Fremstad.



**Thank you everyone, for putting in the hours and making our church beautiful on the inside and outside!**

# Thank You!

The church would like to recognize our committee coordinators for their great volunteer work. Without their leadership, our committees could not function properly. If you are interested in our church committees, please attend our next all committee meeting on Sept. 14 at 6:30 p.m.

**People Committee: Mike Headrick, Committee Coordinator, headrickmike@hotmail.com**

Special thanks to Jim Fremstad for leading this committee last year.

The People Committee is an essential building block of our church organization. It is the binding that welcomes and supports our members and friends in our community.

*The charter of the People Committee is to enable FMUU members and friends to express through action the values and principles of our church. We do this by inviting participation and engagement, supporting practices of care and connection that contribute to the well-being of the church and engaging in community building.*

**Place Committee: Sid Morton, Committee Coordinator, smort@midco.net**

The Place Committee is an essential building block of our church organization. It tends to the structural and technical needs of the church and its members and friends.

*The charter of the Place Committee is to enable FMUU members and friends to express through action the values and principles of our church. We do this by creating a welcoming atmosphere that inspires possibility, tending to the aesthetic, structural, and technical need of the church, and preserving this place as a nourishing spiritual home.*

**Program Committee: Carol Kapaun, Committee Coordinator, lunasight@gmail.com**

The Program Committee is an essential building block of our church organization. It nurtures the inner lives of the members, friends, and children of our community.

*The charter of the Program Committee is to enable FMUU members and friends to express through action the values and principles of our church. We do this by conceiving, developing, and delivering worship, religious education and other programs that seek to explore our deepest questions and provide a guide for our lives.*



## Measuring Hunger, Building Resilience

By Gretchen Alther

Published on Unitarian Universalist Service Committee (<http://www.uusc.org>)

Catastrophic famine was declared in [three new areas of southern Somalia](#) [1] on Wednesday, August 3. The world saw it coming, and we've been warned it will expand and deepen over the coming months.

Famine is a specific label. Bluntly, grimly, famine is a particular kind of humanitarian crisis, with its own set of measurements and thresholds. The scale for measuring food in security is called the [IPC \(Integrated Food Security Phase Classification\) scale](#) [2]. It ranges from Level 1A (Generally food secure) to Level 5 (famine/humanitarian catastrophe).

We're at Level 5 now in five areas of Somalia. Much of the rest of the country, and significant parts of Ethiopia and Kenya, are at Level 4, Humanitarian Emergency.

No other humanitarian crisis in the world today measures quite like this one. Malnutrition and mortality rates across the Horn of Africa are alarmingly high and climbing. Some 12 - 13 million people require humanitarian assistance to address or prevent famine. Only 20% of people needing life-saving food aid now, to prevent death, have access to it.

The [situation is dire](#) [3]. Moreover, the response is not simple, nor does it solely entail getting food and water to people. Building Africa's food production capabilities for the long term is essential, as political science professor Robert Paarlberg points out in his recent, thought-provoking article in the Atlantic [4]. Paarlberg calls on the United States to deliver on its promised support for African farmers.

UUSC is readying work with our existing and new partner organizations in countries affected by the ongoing drought and changing weather patterns to help them access the food they need now and to build up their resilience to looming food insecurity. Please visit the UUSC website and donate today [5].

[1] [http://reliefweb.int/sites/reliefweb.int/files/resources/OCHA Somalia Situation Report No. 6 03 August 2011.pdf](http://reliefweb.int/sites/reliefweb.int/files/resources/OCHA_Somalia_Situation_Report_No._6_03_August_2011.pdf)

[2] <http://www.ipcinfo.org/attachments/ReferenceTableEN.pdf>

[3] [http://www.uusc.org/content/uusc\\_situation\\_report\\_drought\\_and\\_famine\\_in\\_eastern\\_africa](http://www.uusc.org/content/uusc_situation_report_drought_and_famine_in_eastern_africa)

[4] <http://www.theatlantic.com/international/archive/2011/08/famine-in-somalia-what-can-the-world-do-about-it/242960/>

[5] [https://secure2.convio.net/uusc/site/Donation2?2200.donation=form1&df\\_id=2200](https://secure2.convio.net/uusc/site/Donation2?2200.donation=form1&df_id=2200)

### Fourth Annual Friends of the Poor—Walk a Mile in My Shoes Saturday, September 10

Oak Grove Park

Registration at 9 a.m. and Walk at 10 a.m.

Proceeds from the walk benefit the St. Vincent de Paul Shoe Ministry. Last years walk raised enough money to purchase new shoes for 383 children in need. Registration forms can be found online at [www.svdpfriendsofthepoorwalk.org](http://www.svdpfriendsofthepoorwalk.org) and click on "Become a Walker" For more information, contact Marge Klinger at 236-4830.



Over the Rainbow

Color Your World with Love

Tablescapes Dessert & Luncheon Events

Peace Lutheran Church Fundraiser for kitchen improvements and youth work at 1011 12th Ave. N., Fargo. On Friday, September 23, 7 p.m. will be an evening of dessert, table viewing and music presented by the Borderline Strings. Tickets are \$8. Sat., Sept. 24 at 11 a.m. will include a luncheon, table viewing, gift basket silent auction and music by Jessica Wolf and Sue Bornsen. The menu includes Chicken Supreme on Blended Rice, mixed greens salad, dinner roll and dessert. Tickets are \$15. Call Carol at (701) 541-1420 or Cecilee at (701) 232-7166 for tickets to either event.

# Project 42 Freethought Convention

Sponsored by:  
**Red River Freethinkers**

The **Red River Freethinkers** are excited to announce that the 2011 Project 42 Freethought Convention will be on **Saturday, September 24** at the Ramada Suites and Convention Center in Fargo, ND.

The event will include five world-class speakers:

**Michael Shermer:** The Founding Publisher of Skeptic magazine ([www.skeptic.com](http://www.skeptic.com)), the Executive Director of the Skeptics Society, a monthly columnist for Scientific American, the host of the Skeptics Distinguished Science Lecture Series at Caltech, and Adjunct Professor of Economics at Claremont Graduate University.

**PZ Myers:** A public critic of intelligent design (ID) and of the creationist movement in general and is an activist in the American creation–evolution controversy. Author of Pharyngula, one of the most acclaimed science blogs of all time, a biologist and associate professor at the University of Minnesota, Morris.

**Richard Carrier:** Renowned author of Sense and Goodness without God and Not the Impossible Faith, as well as numerous articles online and in print. With his Ph.D. in ancient history from Columbia University and now specializes in the modern philosophy of naturalism, the origins of Christianity, and the intellectual history of Greece and Rome.

**Richard Haynes aka Brother Richard:** A writer and public speaker from Atlanta, GA. Former minister turned nontheist, he maintains the blog LifeWithoutFaith.com, co-host of the highly popular podcast AtheistNews.org, and is executive director of AtheistNexus.org.

**Robert M. Price:** American theologian and writer. He is professor of theology and scriptural studies at the Coleman Theological Seminary, professor of biblical criticism at the Center for Inquiry Institute, and the author of a number of books on theology and the historicity of Jesus, including Deconstructing Jesus, The Reason Driven Life, Jesus is Dead, and Inerrant the Wind: The Evangelical Crisis in Biblical Authority.

**Red River Freethinkers: [info@redriverfreethinkers.org](mailto:info@redriverfreethinkers.org) or visit the web at [www.project42convention.org](http://www.project42convention.org)**



## Discovering Local Food Solutions

Wed., Sept. 28 at 9 a.m.

Hjemkomst Center

No cost to attend and you will have the opportunity to become involved and plan activities for the initiative.

Let's Eat Local! is part of the Cass Clay Food Systems Initiative (CCFSI), which was started with the purpose to impact all levels of our community food system to assure that residents have access to safe, nutritious, and affordable foods. We aim to improve the production, distribution, sales, and consumption of healthy, locally grown foods within our region. Strengthening the local food system will benefit the health, food security, economy, and environment of our two-state community. The CCFSI seeks community involvement of those with an interest in improving our local food system. Register for this free event at: <http://www.cityoffargo.com/CityInfo/>



**Saturday, September 17**

**Registration Fee \$25— All proceeds**

**benefit Hospice of the Red River Valley.**

Children under 12 ride FREE with a paid adult.

Registration form is online at:

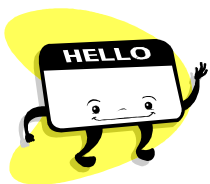
[www.hrrv.org/uploads/25912\\_RTR\\_Sign\\_Up\\_2011.pdf](http://www.hrrv.org/uploads/25912_RTR_Sign_Up_2011.pdf)

by August 24 to guarantee your free t-shirt.

The event will begin at Fargo's Trefoil Park, 1321 Elm St. N. Free coffee and treats will be provided at 9 a.m. Bike riders will depart at 9:30 a.m., and walkers will leave at 9:45 a.m. Participants will follow the FM Recreation Trail to Lindenwood Park and return to Trefoil Park.

**Rain Date:** Sept. 24, same time, same place.

## September Sunday Greeters



Sept. 4	Audrey Richmond
Sept. 11	Mike Headrick
Sept. 18	Rebecca Woods
Sept. 25	Susan Ostby

If you are not able to greet on the Sunday you have been scheduled on, please find someone to switch dates with you. This should be done at least one week in advance.

## WELCOMING CONGREGATION

We are a Unitarian Universalist Welcoming Congregation that seeks to be a spiritual home for people of free faith regardless of race, color, gender, affectional or sexual orientation, age, national origin, socio-economic status, physical or mental ability.



## MISSION STATEMENT

The Mission of the Unitarian Universalist Church of Fargo-Moorhead is to provide to its members, and to the community, an environment of religious tolerance, a loving fellowship of diversity, an open forum for the exchange of social, political, and moral ideas and values, and a religious home for spiritual growth without fear of reprisal.



## RELIGIOUS EDUCATION

Religious Education classes are held for children of all ages Pre-School through High School. The curriculum covers UU Principles, World Religions, and Social Justice.



## NURSERY ROOM

Child care is provided on Sundays at 10:45 a.m. - 12:15 p.m. for children four years of age and under.



## September Coffee Servers

Sept. 4	Nancy & Ron Saeger
Sept. 11	Jamie Altringer & Amy Bauroth
Sept. 18	Bob Olson & Thomas Punton
Sept. 25	Mark Chekola & Warren Christensen

If you are not able to serve on the Sunday you have been scheduled, please find someone to switch dates with you. This should be done at least one week in advance.

Contact Thom Richmond at (701) 235-3904 or richmond@cord.edu if you have any questions.

We would like to thank our congregation members who serve coffee each Sunday. All of our church members are placed automatically on the coffee server list and serve twice a year. We are grateful that our congregation is willing to help with this task.

## CHURCH BOARD MEMBERS

President, Mark Sinner	(218) 233-0337
President-Elect, Tim Peterson	(701) 532-0335
Treasurer, Elwyn Krogh	(701) 235-6632
Secretary, Brian Arett	(218) 236-1386
At-Large, Stacy Nicholson	(218) 233-2001
At-Large, Thom Richmond	(701) 235-3904
At-Large, Jon Solinger	(218) 233-8001
At-Large, Joy Zeidan	(701) 640-8380

## CHURCH EMPLOYEES

Katie Christensen, Coordinator of  
Children's Religious Education  
Phone: (701) 235-5278  
E-mail: kt\_christensen@yahoo.com

Jim Fremstad, Worship Coordinator  
Phone: (218) 287-4950  
E-mail: jfremstad@midco.net

Julie Allen, Office Manager  
Office: (701)235-0394 E-mail: fmuu@fmuu.org  
Summer Office Hours: Tue. - Thurs. 10 a.m. - 2 p.m.  
*If urgent call cell: (701) 371-4481*